

ANNUAL REPORT

2013

EUROCARE -The European Alcohol Policy Alliance is a network of public health organizations. It advocates the prevention and reduction of alcohol related harm in Europe through effective and evidence based alcohol policy.

Our mission is to prevent and reduce alcohol related

Our Vision

Is Europe where alcohol related harm is no longer one of the leading risk factors for ill health and premature death.

Europe where innocents no longer suffer from the drinking of others and where the European Union and its Members States recognise the harm done by alcohol and apply effective and comprehensive policies to tackle it



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MESSAGE FROM THE PRESIDENT AND SECRETARY GENERAL

The key message from Eurocare in 2013 was the need for a renewal of the EU Alcohol Strategy. Eurocare is working closely with the European Parliament in search of support for this goal. Towards the end of the year the European Commission finally committed to draft a European

Alcohol Action Plan. Eurocare launched its "Eurocare – Initial NGO recommendations for the new EU Action Plan on Alcohol" in a meeting with Commissioner Borg. We were delighted to receive such a broad support from both National and European NGOs.

Eurocare would like to thank all its members that throughout the year have been following up initiatives, sent letters and press releases related to issues like minimum pricing, marketing and alcohol and pregnancy. This shows decision makers in the European Institutions that Eurocare has members across Europe that care and work to prevent and reduce alcohol related harm.

This year's papers are related to two topics important to Eurocare; a literature review on marketing with special focus on youth and social media and a labelling paper focusing on the need for nutritional information.

Eurocare is pleased to welcome four new member organizations: Central Denmark Region, Alcohol and Traffic Secretariat, Denmark, Balance, North East Alcohol Office, UK, EUFASD, European, Foundation Union Society, Russia and Scottish Health Action on Alcohol Problems (SHAAP), UK. We look forward to working together with our new member organisations.

In November Eurocare was proud to organise the final conference for EWA – European Workplace and Alcohol in the Economic and Social Committee. More than 90 people were gathered from 16 countries to discuss the need to implement alcohol policies in the workplace and how this can be done.

Once again we would like to thank you for your valuable contribution. We look forward to continuing our work with you in 2014.

Tiziana Codenotti

Thea Coshatti

Eurocare President

Havan Der

Mariann Skar
Eurocare Secretary

SECURING CONTINUOUS WORK ON ALCOHOL RELATED HARM AT THE EU LEVEL



Despite all the progress achieved in recent years, our work to tackle alcohol related harm and raise it on the political agenda is by no means finished. Europe is still the heaviest drinking region in the world and harm caused by alcohol to the individual and society at large is too high. Eurocare has in 2013 been strongly advocating for a new EU Alcohol Strategy, with a stronger involvement of Member States and clear targets that are monitored on a yearly basis.

Finally towards the end of October the European Commission announced they were willing to move forward and prepare a new EU Alcohol Action Plan. This would act as a bridge between the old and new EU Alcohol Strategy, which due to time constraints with the elections of a new European Parliament in May 2014, will not be published until the new European Commission is in place. Eurocare was delighted that there were finally some news on the way forward. However, when it came to content......it was another story. The way forward with the EU Action Plan and when we will have a revised EU Alcohol Strategy is still under discussions between the European Commission and Member State representatives in the Committee for National Alcohol Policy and Action.

Eurocare recommendations for a future EU Alcohol Action Plan

As a general point, Eurocare emphasises that the new EU Alcohol Action Plan needs to complement the WHO "Global Alcohol Strategy" (2010) and to recognise the evidence base to support effective alcohol policies in Europe, as presented by "Alcohol in the European Union" (WHO, 2012).

We also believe that an EU Alcohol Strategy would lay out a longer-term context to support the continuation of efforts at the EU level to address alcohol related harm. In line with several Member States, we are disappointed that this has not been forthcoming. Nonetheless, Eurocare offered the following comments on what it should include to the European Commission.

An EU Alcohol Action Plan must:

- Be informed and underpinned by a coherent policy framework
- Address the full spectrum of alcohol problems within the EU and the need for whole population-level responses
- Include an approach to all EU policy-making which supports reduction of alcohol harms

- Set clear targets and objectives and be externally monitored and evaluated
- Pay attention to the need to reduce health inequalities across the EU and within Member States.
- Be seen as a preparatory step to the renewal of the EU Alcohol Strategy

A substantial evidence base exists on the effectiveness and cost-effectiveness of interventions to prevent and reduce alcohol-related harm. Effective interventions include population-level measures and those targeted at specific high-risk groups. A comprehensive EU Alcohol Action Plan needs to incorporate both types of intervention to prevent and reduce alcohol-related harm, not just for problem drinkers but also for other people, such as children, families and communities.

The WHO Global Strategy to Reduce the Harmful Use of Alcohol (2010) provides a template for action at EU level. Based on this, we recommend the following items for inclusion:

- Marketing of alcoholic beverages
- Alcohol pricing policies
- Availability of alcohol
- Drink-driving policies and countermeasures
- Consumer information including product labelling
- Alcohol research and monitoring programmes
- Capacity and network building

Eurocare advised the European Commission on what should be included in the Plan in relation to the following issues:

- Creation of safer drinking environments
- Raising awareness of dangers of drinking during pregnancy
- Protection of family and children
- Prevention, with a special focus on prevention in the workplace
- Treatment and early interventions
- Better monitoring of data and the development and maintenance of a common evidence base

In line with the target to reduce total alcohol consumption in Europe by 2020, from an average of 10.2 litres¹ to 6 litres per adult per year, we believe that the EU Action Plan should include a commitment from each Member State to set its own percentage reduction target for overall population consumption of alcohol, negotiated with the Commission.

Protecting the unborn baby from alcohol - European Parliament, Brussels









Every two years in September Eurocare organises events in the European Parliament to raise awareness among policy and decision makers about the problems of drinking alcohol during pregnancy. The 2013 event was kindly hosted by MEPs Vincas Paleckis and Radville Morkunaite from Lithuania. Eurocare was honoured by the presence and presentation of Lithuanian Vice- Minister for Health- Gediminas Cerniauskas.

This year's keynote speech was delivered by Commissioner for Health Tonio Borg in which he highlighted the need for continuous efforts to eliminate drinking alcohol during pregnancy. He listed some of the activities that have been carried out in the context of the EU Strategy. However, he noted that despite all the studies on the effects of alcohol, there is still insufficient information on the incidence and prevalence of Foetal Alcohol Syndrome in EU countries. Commissioner Borg has pointed out several times that one avenue we can explore further is the use of adapted health information labels on alcoholic drinks. The Commissioner concluded by saying that the EU has a role to play in the prevention of alcohol- related harm, and the work under the EU Alcohol Strategy will continue, with your help, to address the challenges ahead.

Eurocare was delighted by the high interest and participation in the event and would like to thank all the participants.

¹ WHO Europe (2013) Status Report on Alcohol and Health

Participation in the European Alcohol and Health Forum meetings

In 2013 three members of the EU Alcohol and Health Forum; IOGT-NTO, Active – Sobriety, Peace and Friendship and the European Youth Forum left in protest over the lack of progress and the economic operators' lack of commitment to move forward...

The European Commission's Alcohol and Health Forum was launched in June 2007 and is chaired by DG SANCO. The overall objective of the Forum is to provide a common platform for all interested stakeholders at EU level that commit to actions relevant to reducing alcohol-related harm.

The Eurocare Secretariat has taken on a coordination role together with European Public Health Alliance (EPHA) among NGOs participating in the Forum, organising informal meetings prior to the plenary in order to discuss agendas and exchange ideas.

There have been two Forum meetings in 2013. Voluntary actions made by members are available on an online database on the DG Sanco Website. Eurocare Commitments to the Forum:

- To "Raise Awareness of the Dangers of Drinking during Pregnancy"
- Awareness raising of the link between drinking alcohol and risk of developing certain types of cancer.

Eurocare participates in the EU Health Policy Forum

The EU Health Policy Forum (EUHPF) brings together pan-European stakeholder organisations in the health sector at EU level to ensure that the EU's health strategy is open, transparent and responds to public concerns. It advises the Commission (and EU countries if appropriate) on health matters.

RAISING AWARENESS OF THE LINK BETWEEN ALCOHOL AND CANCER



Since 2012 Eurocare has been working with the Association of the European Cancer Leagues (ECL) to raise awareness of the link between alcohol and cancer. The website- www.alcoholandcancer.eu has been developed with the aim to inform the European population about the link between alcohol and cancer.

Eurocare is also a collaborating partner in European Partnership Action against Cancer joint action with Member States and civil society working together funded by the European Commission Health Programme. Eurocare was delighted that alcohol was one of the subjects prominently present at the European Week against Cancer conference in May 2013 in Dublin. Eurocare chaired a workshop dedicated to raising awareness about alcohol and cancer. A joint press release was released which was positively received in several countries. Eurocare member Dr Peter Rice appeared in daytime television shows in Ireland in relation to the conference.

SUPPORTING MINIMUM PRICING IN SCOTLAND

Eurocare has continued to closely follow and support the attempts of the Scottish Government to tackle alcohol related problems through the introduction of a minimum unit price for alcohol.

In June 2012, following EU Law provisions, the UK Government notified the European Commission about Scotland's intention to introduce a 50 pence minimum unit price for alcohol after which the EC began a consultation on the measures.

Throughout the year the Eurocare Secretariat has tried to muster support for Scotland's initiative amongst Eurocare members and other European organizations. Eurocare has held meetings with the Scottish Government representatives as well as the relevant services of the European Commission (mainly DG Enterprise and Industry and DG Health and Consumers).

On the 25 April Eurocare organised in collaboration with EPHA a closed meeting in the European Parliament on minimum pricing. Keynote speakers were Scottish Health Minister Alex Neil and researcher Professor Tim Stockwell from Canada.

The Scottish Health Action on Alcohol Problems (SHAAP) supported the Eurocare Secretariat in the autumn of 2013 with both manpower in the Secretariat and towards engaging the health professionals to work on the prevention and reduction of alcohol related harm.

ADDRESSING THE ISSUE OF ALCOHOL MARKETING

Eurocare believes that the marketing of alcohol has contributed to a rise in alcohol consumption in Europe, especially amongst younger drinkers. Eurocare sees that it is of crucial importance to look into both online and offline marketing practices in order to understand its impact on the volume and patterns of consumption of alcoholic beverages in Europe. Eurocare is interested in seeking more information on developments around marketing in Europe.

In 2013 Eurocare produced a Literature Review on Alcohol Marketing and Social Media – December 2013. Existing research was reviewed on alcohol and marketing, with a special focus on social media and young people. The research concluded that despite the obvious difficulties to control avenues related to alcohol marketing, actions are needed to protect adolescents from early contact with alcohol. Actions such as price controls or minimum purchase age restrictions are in place but could be improved. Furthermore, action is needed to prevent alcohol marketing materials targeting young people.

Eurocare would like to thank Sandra Tricas Sauras for her valuable help and support and the European Commission for the support in completing this exercise from the operating grants in the framework of the Health Programme.

INFORMATION

Dissemination of information is one of Eurocare's core activities. In 2013, Eurocare implemented the communication strategy adopted in 2012, and the means of communication can be divided into two groups: formal and informal. Eurocare disseminates it messages mainly through its website which is continuously updated with news related to policy and research developments (Global, EU, national), information about EU funded projects and upcoming events. There is a public section and a section for members only to inform and consult on work in progress and membership issues. Enewsletters are sent on average every three weeks, and the Eurocare Facebook page and Twitter newsfeed are updated daily.

EUROCARE INVOLVEMENT IN PROJECTS

EWA – European Workplace and Alcohol

European Workplace and Alcohol - is a public/private sector partnership with involvement of governmental and public sector organizations, public and private employers, non-governmental organizations, representatives of civil society, international networks representing global companies and employer and employee organizations, and trades unions. The primary aim of EWA is to develop effective methods of engaging

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with employers and their workforces, to raise awareness and bring about individual and organizational change that leads to safer alcohol consumption, and thus a reduction in alcohol-related absenteeism, presenteeism and injuries. The project involves implementing practices in twelve European countries (Belgium, Spain (Catalonia), Croatia, England, Finland, Germany, Greece, Ireland, Italy, Poland, Romania, and Scotland).







Eurocare was the dissemination partner in EWA hosting the EWA website and produced the EWA Newsletters. Eurocare organised the final conference on the 22 November. It was hosted in the Economic and Social Committee.

Let it hAPYN

Eurocare is a member of the Alcohol Policy Youth Network 'Let it hAPYN' project. The main aim of 'Let it hAPYN!' is to reach a better overview of good/ bad practices of alcohol intervention programmes that are happening in youth organisations or that are applicable to youth organisations in Europe.

This will result in a better understanding of the youth sector and allow possible evidence-based best practices of alcohol interventions to be implemented in other youth organisations. By including youth organisations in the process, the project is giving a permanent added value to the whole youth sector.

Let it hAPYN will be running from April 2013 till April 2016.

COOPERATION

Global Alcohol Policy Alliance (GAPA)

Eurocare is a longstanding member of GAPA its mission is to reduce alcohol related harm worldwide by promoting evidence based policies independent of commercial interests. The Alliance was established in 2001.



Alcohol Policy Network

Eurocare is an active member of Alcohol Policy Network which had its meeting in Stockholm in October 2012, in connection with the 5th European Alcohol Policy Conference.



European Public Health Alliance (EPHA)

Eurocare is an active member of EPHA and participates regularly in their Policy coordination meetings and in the working group on alcohol.



European Partnership Action Against Cancer

Eurocare is a collaborating partner in this joint action under the health program with the aim of raising awareness and action on the political agenda in relation to links between alcohol and cancer. Through this partnership Eurocare has been involved in the planning of the alcohol workshop during the 2013 European Code Against Cancer Week Conference, will be held in Dublin in May 2013.



EUROCARE PUBLICATIONS

Eurocare Position Paper on Alcohol Marketing – June 2013

Eurocare Media Guide - June 2013

Concept Paper for Cycle of Policy Debates - June 2013

Concept Paper for Alcohol Platform

Proposal for 6th European Alcohol Policy Conference - September 2013

Brief Summary – Protecting the unborn baby from alcohol – 17th September 2013 European Parliament

Eurocare Internal Evaluation 2013 – Questionnaire responses summary October 2013

Literature Review on Alcohol Marketing and Social Media – December 2013

What is in your bottle? Alcohol ingredients listing – December 2013

EUROCARE CONSULTATION RESPONSES

- Eurocare Response to Revised Draft Global Action Plan for the Prevention and control of non- communicable diseases 2013 – 2020 March 2013
- Public consultation on the new EU occupational safety and health policy framework
 26.8
- Eurocare Response to Third WHO Discussion Paper A comprehensive Global Monitoring Framework, including indicators and a set of voluntary global targets for the Prevention and control of non- communicable diseases 2013 – 2020 October 2013
- OECD Project on Tackling alcohol related harms Comments to Expert Group 22.February
- Conclusions of the EU Roundtable on an Integrated Approach to Alcohol Related Harm – May 2013
- Eurocare comments on the Evaluation of the "EU Strategy to support Member States in reducing alcohol related harm" September 2013
- Eurocare Comments to the discussion paper for the informal consultation with Member States and non-state actors – October 2013
- Eurocare Suggestions for changes to the EU Alcohol and Health Forum Draft November
- Eurocare Initial NGO recommendations for the new EU Action Plan on Alcohol November 2013

CONFERENCES AND MEETINGS

During 2013 Eurocare has been speaking in a number of conferences and meetings (aside from EAHF meetings and project meetings) relevant to the prevention and reduction of alcohol related harm at EU level. The main ones being:

January

24th January meeting Barosso Cabinet

26th January Eurocare speaking to Norwegian Parliamentary Committee of Health and Care Service

February

20 February Working together to alleviate the Burden of Chronic Liver Disease, EP, Eurocare speaking

March

6th March Alcohol Online Marketing, EESC, Brussels

April

12th April Alcohol Marketing without Borders – a threat to national legislation, Stockholm Eurocare speaking

16th April Protect project and alcohol labelling, Eurocare speaking

25th April Alcohol Labelling – something to push for! WHO Counterparts, Turkey

26 April The Impact of Alcohol on social health – the work of NGOs in Europe, Istanbul

June

14th June Alcohol Policy at the European Union Level, Safer Drinking Scenes, Nantes

October

17th October Defeating Drunkenness in Russia; Myth or Reality?, Moscow

12th October EU Alcohol Policy from an NGO perspective, NorDAN, Thallinn

<u>September</u>

11th September Restrictions for the advertising of alcohol, a European point of view, Helsinki Parliament

17th September Alcohol may harm your unborn baby, European Parliament

24th September EU Alcohol Policy and FASD, International FASD conference, Canada

November

5th November Update on alcohol policy at EU level, BOREALIS network, Brussels

6th November Preventing and reducing Alcohol related harm, ENSP network meeting, Brussels

25th November Alcohol Policy Network in the Context of a larger Europe,

28th November Road Safety and Alcohol, European Youth Forum, Italy

December

4th December Marketing and children, HRG conference, Brussels

5th December Update EU Alcohol Policy, IOGT-NTO and UNF, Brussels

17th December Alcohol Policy at the EU level First Regional Conference APYN, Chisinau

GOVERNANCE

Information about Eurocare and its structure, governance and finances is publicly available on its website: http://www.eurocare.org/about_us/governance

Membership

In 2013, Eurocare had 55 member organizations from 24 countries throughout Europe.

New member organisations joining in 2013 were:

- Central Denmark Region, Alcohol and Traffic Secretariat, Denmark
- Balance, North East Alcohol Office, UK
- EUFASD, European
- Foundation Union Society, Russia
- Scottish Health Action on Alcohol Problems (SHAAP), UK

Eurocare Board

The Board's role is to provide policy, political and procedural direction on behalf of the members of Eurocare and to supervise the finances. In 2013 the Board met on four occasions.

EUROCARE BOARD MEMBERS

Representative	Position	Organisation	Country
Tiziana Codenotti	President	Eurocare Italia	Italy
Lauri Beekmann	Vice President	Estonian Temperance Union	Estonia
Sven-Olov Carlsson	Treasurer	IOGT-NTO	Sweden
Gabriele Bartsch		Deutsche Hauptstelle für Suchtfragen e.V. (DHS), German Centre for Addiction Issues	Germany
Stig Erik Sørheim		Actis – rusfeltes Samarbeidsorgan	Norway
Katherine Brown		Institute of Alcohol Studies	United Kingdom
Krzysztof Brzozka		The State Agency for Prevention of Alcohol-Related Problems (PARPA)	Poland
Michel Craplet		Assocation Nationale de Prevention en Alcoologie et Addictologie (ANPAA)	France
Marijs Geirnaert		Vereniging voor Alcohol-en Andere Drugproblemen vzw (VAD)	Belgium
Maja Stojanovska		Active	International

Special Adviser to the Board: Claude Riviere, Wilfred Kamphausen

Annual meeting







The General Assembly is comprised of all members of Eurocare and was gathered in Brussels on the 30th and 31st May. 33 member organisations were present or represented out of 54. The principle role of the General Assembly is to set broad policy guidelines, elect the Board, approve the admission of new members and approve the annual accounts (2012) and budgets (2014).

Staff

The Eurocare Brussels office had in 2013 a team of three people thanks to funding received from the European Commission, in addition to the core funding from Actis- Rusfeltets Samarbeidsorgan and members contribution like IOGT-NTO Sweden and membership fees. Ruth Ruiz left her position on the 5th November and Nils Johan Garnes joined Eurocare again from 1st November. Since 2011 Eurocare Secretariat is hosting Fay Watson who works for Europe Against Drugs (EURAD). Eurocare/Actis Rusfeltets Samarbeidsorgan Secretariat has from mid 2013 supported EMNA with help to update the website and planning of meetings etc.

FINANCES

The European Commission granted Eurocare an operational grant for 2013. In addition Eurocare has received funding for several work dissemination work-packages under the Public health program. Membership fees are low and more contributions are needed if the Secretariat is to have a leading role in developing alcohol policy at EU level. Eurocare is dependent on receiving substantial support from Actis and IOGT-NTO also in the future. SHAAP has from mid 2013 supported the Secretariat with manpower, focusing especially on engaging health professions to work on the prevention and reduction of alcohol related harm. Travel and accommodation costs involved in the Board meetings are covered by the Board members themselves, with the exception of those who come from member organisations with very limited resources.

Eurocare	2013
Income	€460,489.60
Grants	€396,178.01
Other operational income	€17,272.72
Other income and deductions	€45,929.22
Financial Results	€476.08
Interest	€475.72
Other financial profits	€0.36
Extraordinary Profits	€633.57
Other extraordinary profits	€633.57
RESULT OF THE YEAR/LOSS	€0.00
TOTAL	€460,489.60
Expenditure	
Exploitation expenditure	€451,510.65
Meetings and conferences	€26,066.57
Rental utilities and building costs	€34,958.12
Maintenance	€1,684.49
Administrative expenses	€11,755.21
Equipment and communication	€18,244.77
Consultancies and external services	€30,502.37
Salary costs and social charges	€325,476.63
Depreciations	€2,822.49
Other running costs	€0.00
Financial costs	€2,169.40
Costs of debts	€0.00
Other financial costs	€2,169.40
Extraordinary costs	€0.00
Extraordinary costs	€0.00
RESULT OF THE YEAR	€6,809.55
TOTAL	€460,489.60

EUROCARE MEMBER ORGANISATIONS IN 2013

Belgium Vereniging voor Alcohol-en Andere Drugproblemen vzw (VAD)

Bulgaria Foundation Horizonti 21

Czech Republic IOGT

Denmark Alcohol and Society

Central Denmark Region, Alcohol and Traffic Secretariat

IOGT Denmark NGO Fontana

Estonia Estonian Temperance Union

Finland Finnish Association for Substance Abuse Prevention

France Association National de Prevention en Alcoologie et Addictologie (ANPAA)

Germany Deutsche Haputstelle für Suchtfragen (DHS),

Deutscher Jugendschutz-Verband (German association for youth protection)

Deutsche Guttempler IOGT e.V

Greece Oasis

Hungary Centre for Healthy Hungary

Ireland Alcohol Action Ireland

North West Alcohol Forum

Dothain

Italy A.I.C.A.T (Associazione Italiana Club Alcolisti in Trattamento)

Eurocare, Italy

Associazione Aliseo ONLUS Gruppa Logos – Onlus

Lithuania Agapao

Lithuanian National Tobacco and Alcohol Control Coalition

Netherlands STAP, Stichting Alcoholpreventie

Norway Actis – Policy Network on Alcohol and Drugs

Poland The State Agency for Prevention of Alcohol related problems (PARPA)

The Polish IOGT Foundation

Krajowa Rada

Portugal Centro de Alcoplogia Nova Rumo

Sciedade Anti-Alcodlica Portuguesa (SAAP)

Centro de Alcoologia Ricardo Pampuri

Russia Foundation Union Society

Slovenia UTRIP

Spain Foundacion Salud yComunidad

Asociacion de Ex-Alcoholicos Espanoles

Scidrogalcohol Associacio RAUXA

Federacio Catalana D'Alcoholics Rehabilitats (FARC)

Switzerland Addiction – Info Switzerland

Sweden IOGT-NTO

Swedish Council on Alcohol and Drugs

MHF

Turkey Turkish Green Crescent Society

United Kingdom Institute of Alcohol Studies

Alcohol Concern

Alcohol Focus Scotland

Balance, North East Alcohol Office

Scottish Health Action on Alcohol Problems (SHAAP)

International ACTIVE - Sobriety, Friendship and Peace

Alcohol Policy Youth Network Blue Cross International EUFASD, European IOGT International

NorDan (Nordic Alcohol and Drugs Policy Network)