



Addictions in time of COVID-19

A survey by BVA-Addictions France

June 3rd – EUROCARE

1 | Context

2 surveys



What are the consequences of COVID pandemic and restrictions on addictions?

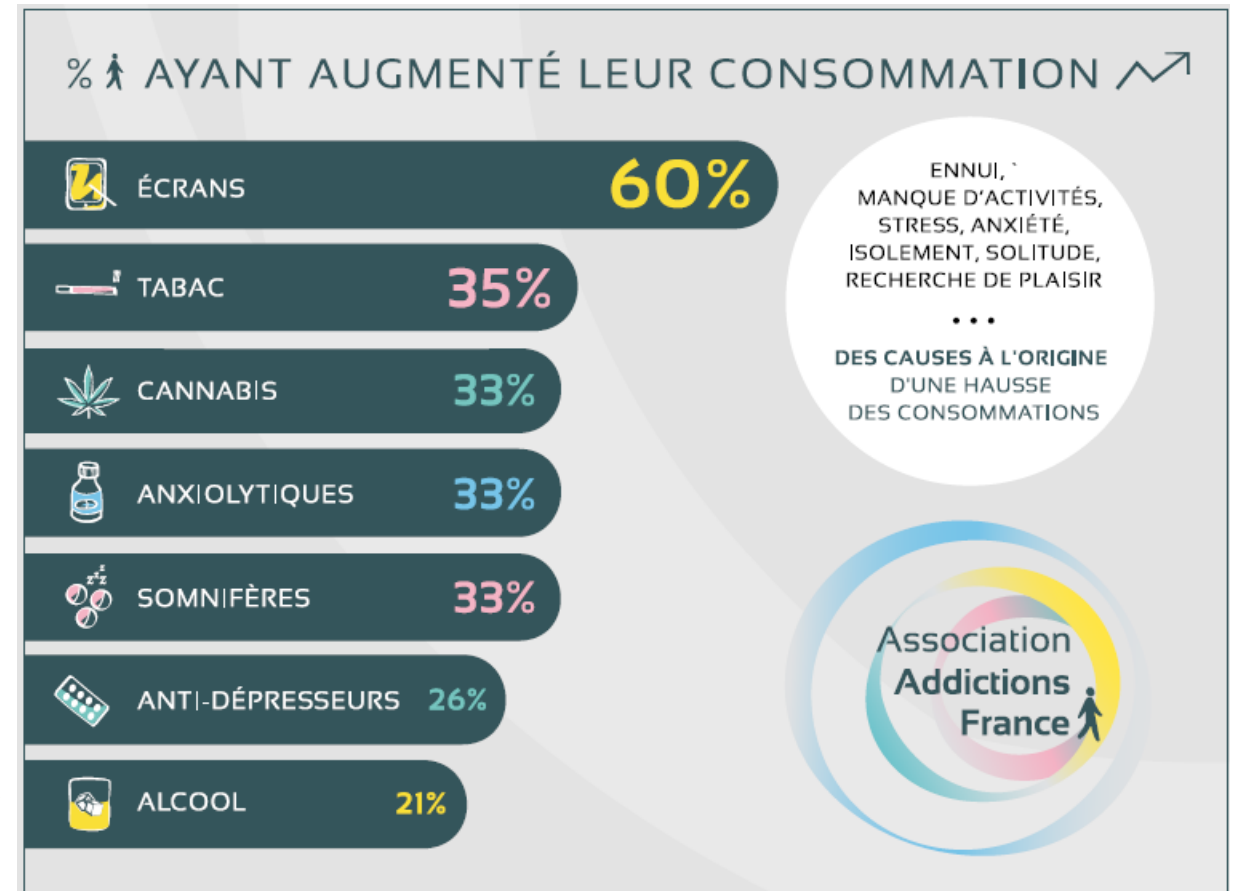
- Within French population > online survey by BVA Santé (polling institute) in February 2021
- Within people with addictions > survey conducted among 1224 persons followed by Addictions France in March 2021

2 | Findings - French population

One third of consumers raised their consumption of tobacco, cannabis and psychoactive drugs

- Negative **impact on mental health** for **56%** of respondents
- **38%** had **difficulties to control their consumption of substance** during lockdown periods
- Main motives : **boredom, stress** and **anxiety, loneliness**

Alcohol consumption has increased as much as it has decreased.



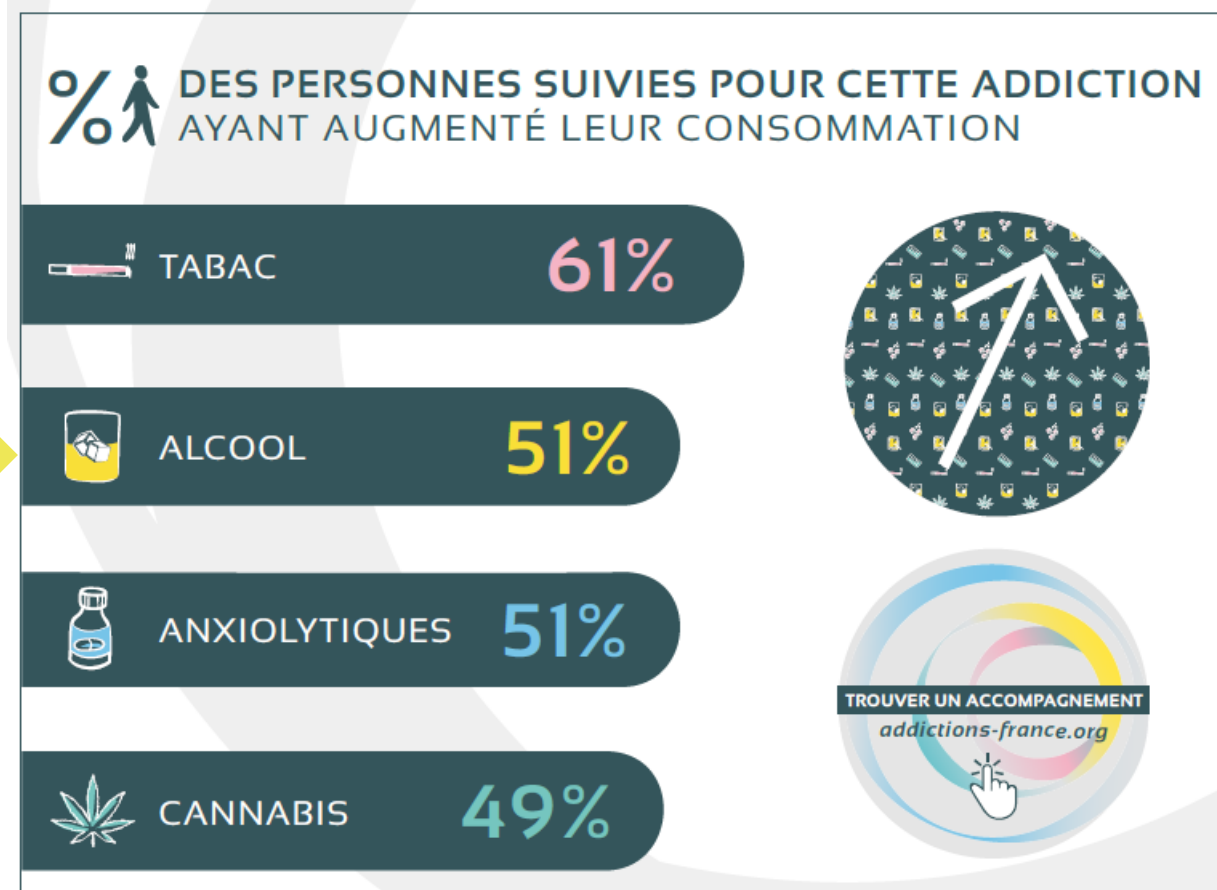
2 | Findings – People with addictions

A crisis far worse for people having addictions issues

- Negative **impact on mental health** for **71%** of respondents
- **70%** had **difficulties to control their consumption of substance** during lockdown periods

Alcohol consumption has also decreased for 28% of respondents.

- **60%** **need more help** for their addiction issues than before the pandemic



“

I have been followed by Addictions France since 2018 just after my alcohol cessation. It has been long and difficult. I know that my follow-up has helped me a lot through this particularly difficult year, to keep my head above water and to keep moving forward.

”

Anonymous - Vendée

Thank you !

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